

# About your NHS Complaints advocate



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Your advocate is called an 'NHS Complaints Advocate'.



Your advocate can help you complain about any health service you've had from the NHS.

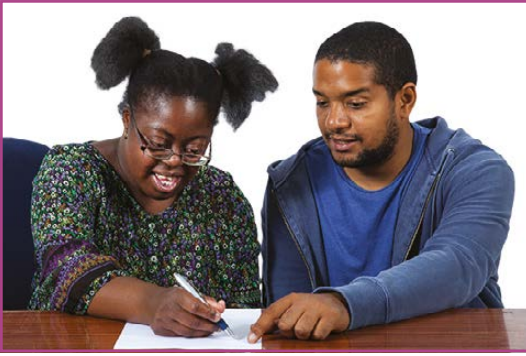


Your advocate can help you to:

- explain what happened to you



- decide what you want to complain about
- decide what you want to happen after you complain



- write a complaint letter to someone



- understand what the health service says to you about your complaint



- contact other services that might be able to help you



Your advocate can help you make your complaint.  
Your advocate can't make the complaint for you.

# How to contact your advocate



Your advocate's name:

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Your advocate's telephone number:

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Your advocate's email:

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Notes:

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