

Their support was really reassuring.

Advocacy: A guide for professionals in Southampton



What is an advocate?

Advocates are independent professionals who work with people to help them understand their options, know their rights and say what they want.

This helps to make sure that people are involved as much as possible in decisions about their health and care.

Your duty to refer

Advocacy is a statutory right for eligible people. The Mental Capacity Act and Care Act state that you must refer eligible people for advocacy. The Mental Health Act states that you must make eligible people aware of how to access advocacy.

Who is eligible?

Use the grid in this leaflet to find out who you must refer.

If you are unsure about eligibility, or have questions about advocacy types, contact us.



Independent Mental Capacity Advocacy (IMCA)	Independent Mental Health Advocacy (IMHA)	Care act advocacy	Children and young people's SEND advocacy
<p>When to refer</p> <p>Make a referral when both conditions apply:</p> <ol style="list-style-type: none"> the person is assessed to lack capacity to make a best-interest decision about: <ul style="list-style-type: none"> serious medical treatment long-term accommodation there are no family or friends considered appropriate to consult about the decision <p>'Lack capacity' means the person:</p> <ul style="list-style-type: none"> has an impairment or disturbance that affects the way their mind or brain works (e.g. a brain injury, dementia, autism, learning disabilities, mental health problems) AND the impairment or disturbance means that they are unable to make a specific decision at the time it needs to be made 	<p>When to refer</p> <p>Make a referral whenever a person is in any of the following situations:</p> <ul style="list-style-type: none"> detained under the Mental Health Act (even if on leave of absence from the hospital) but excluding people under short term sections 4, 5, 135 and 136) a conditionally discharged patient subject to a Community Treatment Order (CTO) subject to guardianship being considered for S58A treatment (including informal patients and people under 18) being considered for S57 treatment (including informal patients) 	<p>When to refer</p> <p>Make a referral when all three conditions apply:</p> <ol style="list-style-type: none"> one of these processes is taking place: <ul style="list-style-type: none"> social care needs assessment carers assessment care planning care review S42 safeguarding investigation without support, the person will have substantial difficulty being involved there are no appropriate, able and willing family or friends to support the person's active involvement* <p>*There are some exceptions: see voiceability.org/care-act</p> <p>'Substantial difficulty' means that, without support, the person will find it very hard to do one or more of these:</p> <ul style="list-style-type: none"> understand relevant information retain that information use or weigh up that information communicate their wishes and views 	<p>When to refer</p> <p>When a child or young person up to the age of 25 with special educational needs and/or a disability (SEND) is:</p> <ul style="list-style-type: none"> undergoing a transition assessment OR being assessed for an Education, Health and Care Plan (EHCP) for the first time
<p>Advocate's role</p> <p>As far as possible, to:</p> <ul style="list-style-type: none"> make sure that the person's views and wishes are taken into account in the best-interests decision support the person to be involved in the decision, or to represent them if necessary <p>Also, if the person may be deprived of liberty under DoLS, to provide support:</p> <ul style="list-style-type: none"> during an assessment under DoLS between the appointment of Relevant Person's Representatives (RPRs) when an authorisation is in place to the person, RPR or both when the authorisation is in place 	<p>Advocate's role</p> <p>To support the person to:</p> <ul style="list-style-type: none"> understand their rights and options have their views and wishes heard in decisions about their care or treatment raise anything they are unhappy with relating to their care or treatment 	<p>Advocate's role</p> <p>To support the person to:</p> <ul style="list-style-type: none"> understand their rights under the Care Act be fully involved in the assessment, review or planning process 	<p>Advocate's role</p> <p>To support children, young people and parents to prepare for the transition to adult life, and empower young people to express their views in line with the requirements of the SEND Code of Practice</p>

In Southampton you can also make an advocacy referral for:

- people with substance use disorder
- people with learning disabilities who have housing issues to resolve

- parents with a learning disability whose child is subject to child protection proceedings
- people in hospital who need support to be fully involved in the hospital discharge process

What do advocates do?

An advocate can support someone to:

- communicate their views and wishes
- understand their rights
- understand any processes and decisions they are subject to
- understand the options they have
- make their own choices
- challenge a decision

Even when someone can't tell their advocate what they want, our advocates will use a range of approaches to establish their views and wishes as far as possible and secure their rights.

In some circumstances, an advocate has the right to access medical or care records on behalf of the person they are supporting. An advocate may write a report that must be taken into consideration by professionals.

An advocate does not:

- offer counselling or befriending
- offer legal advice
- tell people they support what decisions to make
- tell health or social care professionals what decisions to make

How to make a referral

Go online to find services near you and make a referral
voiceability.org/southampton

You can also request a referral form by emailing
helpline@voiceability.org

If you have questions about eligibility or advocacy types, contact us.

Freephone:

0300 303 1660

Email: helpline@voiceability.org

Website: voiceability.org

About VoiceAbility

We've been supporting people to have their say in decisions about their health, care and wellbeing for almost 40 years. We're an independent charity and one of the UK's largest providers of advocacy and involvement services.