

Lincolnshire Learning Disability Partnership Newsletter November 2024



Voices For All



- Our last Voices For All meeting was at Jubilee Hall in Grantham.



- Malcolm Smith joined the group. He brought slides to share information about Parliament.



- He spoke about the difference between the House of Commons and the House of Lords.



- He explained where the saying 'Toeing the party line' came from. He said it was from the red lines in parliament that keep the opposition apart.



Voices For All



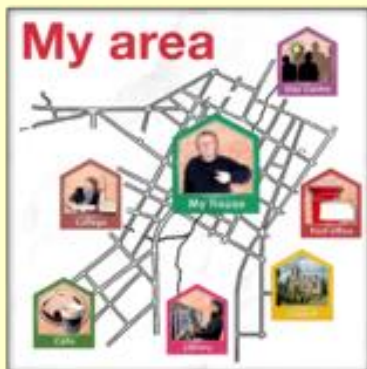
- Your local library will tell you who your local Member of Parliament (MP) is.

Or you can find out through their website:

<https://members.parliament.uk/FindYourMP>



- MP's have what they call surgeries in their local area to give people the chance to meet with them and talk about any concerns.



- You can email or write to your local MP about things that matter to you.

- When the MP's go to London to Parliament they talk about their local area.



- The King only attends Parliament once a year. This is usually at Spring for the opening of Parliament.



[Home](#) | [UK Parliament Week](#)



- Decisions are made at 10 Downing Street by the elected party. They are then taken to the House of Parliament to talk about and be voted on.

- The House of Lords look at the MP's work and can let them know their views.

The MP's have the final say.

- Everybody said how interesting the meeting was.
- Did you know the House of Parliament have their own cat called Larry?

Staying Safe Work Group.



- The Pegasus scheme is being looked at to make it more accessible and fit for purpose.



- In the group we have been sharing personal experiences about times when people we thought were friends treated us wrong and upset us in some way.



- After some planning, podcasts were made at The YMCA Showroom with Just Lincolnshire.

People spoke about things that had happened to them in the past.



- Often people do not realise they are a victim of mate crime.

Healthy Lifestyle Work Group



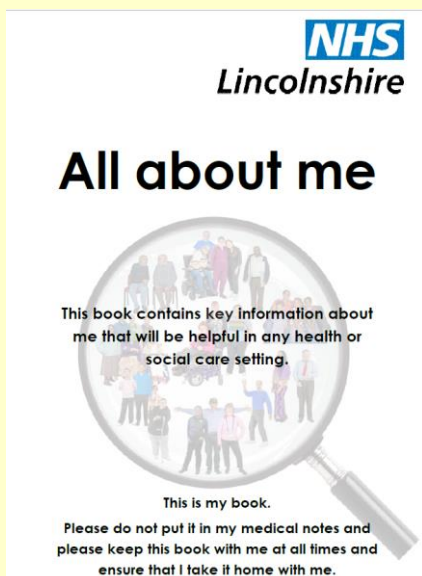
- The **Sensory Bags** have been successfully launched in Pilgrim, Lincoln, and Grantham hospitals.
- Patients attending A&E can now ask for a sensory bag.

The staff are getting used to them.



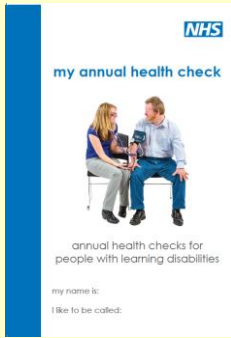
There are posters in waiting rooms to help raise awareness among both staff and patients.

- It is hoping to be rolled out across Lincolnshire to all hospitals.



- The updated **All About Me Hospital Passport** is now ready to relaunch.

This will be supported by staff training and awareness promotion to make sure the importance of the hospital passports is understood, and they are used effectively.



Annual Health Checks

- Positive moves forward with surgeries now coding the annual health checks and action plans correctly.



- At Virginia House day service they have been doing some brilliant work and are now starting to hold annual health checks there.

They are working together with local doctors, practitioners , parents and carers.



This is a pilot scheme that is hoped to be rolled out across the County.

Lincolnshire Learning Disability Friendly Practice Scheme



- Parkside Medical Centre in Boston achieved their level 4, making them the first practice in Lincolnshire to do so.



- The learning disability practice scheme is currently being reviewed to make sure it is being led by the right professionals.



- Healthwatch Lincolnshire is an independent organisation.
- We act as champions for people using health and social care services in our county.
- Our role is to gather feedback from patients and the public to understand their experiences with services like hospitals, GPs, pharmacies, and care homes.
- We then use this information to help improvements and ensure that people's voices are heard by service providers, commissioners, and policymakers.
- We provide advice and information to help people access the services they need.
- **Take five minutes to share your experiences**
- NHS and social care staff are doing everything they can to keep us well during these challenging times, but there might be things that can be improved for you and your loved ones.
- Please click the link below to share your story with us.

<https://www.healthwatchlincolnshire.co.uk/have-your-say>

- **Have Your say at the next Healthwatch event**
- Healthwatch Lincolnshire hosts regular public events for people to learn about the work we do and its partners.
- These events also provide feedback that will help to shape its future priorities.
- The next event, [YourVoice@Healthwatch](#), takes place on Wednesday, October 23rd, 10am-1pm at Jakeman's Community Stadium, Boston.
- The event will have a services marketplace with charities and services in attendance and we will present the Healthwatch Lincolnshire annual report and more.
- Entry is free but [spaces must be booked here](#) or call [01205 820 892](tel:01205820892).



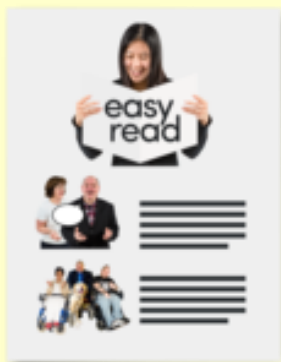
Hello, I am **Michelle** and not only am I a Speak Out Leader for Lincolnshire VoiceAbility, but I am also an Ambassador for Mencap and their Treat Me Well Campaign.

We are doing a lot of work making people aware of Reasonable Adjustments.



Mencap have got some good easy read information explaining what reasonable adjustments are. See this link.

[Doc 4 reasonable adjustments.pdf \(mencap.org.uk\)](https://www.mencap.org.uk/doc4reasonableadjustments.pdf)



They also tell you your rights and have some easy read information on how your doctors should be sharing information with you in a way that is accessible for you



See this link [The Accessible Information Standard \(AIS\) | Mencap](#)



Hi my name is
Rosemarie.

I am a Speak Out
Leader for VoiceAbility
in Lincolnshire.
It is good getting to
know the team.



I have autism and live
independently with
carers in my own flat.



I go to JKG dance
group every
Wednesday evening
at Boundary Hub, I
love going to Jaz
dance group.



I think that if you have
a voice, it is important
that you use it to help
yourself and other
people who may not
be able to speak up
for themselves.



I am good at
Makaton, and I really
like helping others.

Upcoming Events



VIRGINIA HOUSE
10 VIRGINIA DRIVE
LOUTH

28TH NOVEMBER 2024
10.30—12PM 1.30—2.30PM

XMAS
FAYRE

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Pelican Trust
Creating Opportunities



Christmas Coffee Morning
Wednesday 20th November 2024
10am—midday



20-22 Crofton Road, Allenby Estate, Lincoln, LN3 4NL
Tel: 01522 513 533

Join us for our Christmas Coffee Morning - tea, coffee and cakes, joinery stall, raffle and tombola !

All proceeds go to the Pelican Trust User Group Fund

FRIDAY NIGHT CLUB
AT DIVERSITY

OPEN TO ANYONE WITH
LEARNING DISABILITIES

16+

CALL NOW FOR MORE
INFORMATION AND TO
BOOK YOUR PLACE

ALTERNATE FRIDAYS

5-9PM

£15.00 (Includes food and drink)

01522 244960

FOOD
DISCO
GAMES
FUN AND
FRIENDS

2A CLARKE RD, LN16 6SH





Are you aware of the Herbert Protocol?

Nothing is more worrying or distressing than when a loved one or friend goes missing or doesn't return home when expected.

For people living with or caring for someone with dementia, this may be quite common. The Herbert Protocol is a national scheme adopted by Lincolnshire Police and other police services across the country.

It encourages carers, families, friends, or neighbours, to hold information about the person with dementia that can help the police find them if they go missing. The basis of the scheme is for vital information about the person such as medication, description, photograph, significant places in the person's life and their daily routine, to be recorded on a form.

The form should then be stored safely—either in electronic format on a computer or a printed version. It may need to be located quickly, at any time of day or night, by the person who needs the information to begin the initial search.

The form can be downloaded or printed from Lincolnshire Police website www.lincs.police.uk/missing-persons or pick one up from your local police station. For further details contact Telecare on 01522 554040 during office hours.

The police will only ask for the form, or the information in the form, if the person is reported missing.



Lincolnshire
POLICE & CRIME COMMISSIONER
SAFER TOGETHER



Victim
Lincs

Where can I
get support if
I've been the
victim of crime?

TALK TO US

01522 212333

Monday - Friday

8am - 4pm



victimlincs.co.uk

Free, independent support and information if you've been the victim of crime at any point in your life, whether you have reported the crime to the police or not.



Lincolnshire
POLICE & CRIME COMMISSIONER
SAFER TOGETHER

CountyCareGroup
Specialist Support and Care Provider

PRESENTS
**PROJECT
VIBE**
LIVE DJ

**6TH
DEC** **12 - 4PM
SUNCASTLE
SKEGNESS**

PRICE: £7.50 INCLUDES ENTRY - CHRISTMAS BUFFET - SANTA HAT
FULLY LICENCED BAR TO PURCHASE DRINKS
CARERS GO FREE

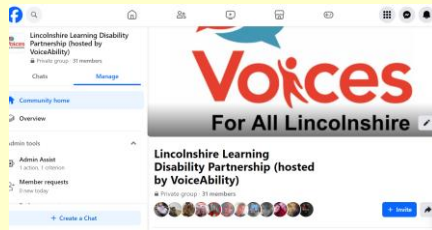
BOOKING IS ESSENTIAL TO BOOK PLEASE CALL: 01205 632800



11 The Wong
Horncastle
Lincs
LN9 6EB

The Wong Christmas Coffee
morning
Monday 2nd December
10.30-2pm – all welcome.
Raffle, Tombola, Homemade
Chutney and other
microenterprise items
available to purchase plus
refreshments.
Contact Sarah Ling on 01507
527047 or
sarah.ling@lincolnshire.gov.uk

Lincolnshire Learning Disability Partnership, Facebook.



[Lincolnshire Learning Disability Partnership \(hosted by VoiceAbility\) | Facebook](#)

Our Facebook group for Lincolnshire Learning Disability Partnership.

Please click the link above and share with anyone who may be interested in sharing information and linking up with different groups for people with a learning disability in Lincolnshire.

Click the link below to view the website:

www.voiceability.org/speakoutlincs

- To get involved with Lincolnshire Learning Disability Partnership
- Find out information
- Share information
- Be added to our contact list

Please email Kerry:

kerry.Gibson@voiceability.org