

Lincolnshire Learning Disability Partnership Newsletter December 2025



Seasons Greetings

Wellbeing and Recovery College

Understanding co-production



- We attended the Coproduction training that was held by the recovery college and the coproduction network
- What Peter had to say about the day:
- It was a very relaxed and informal session; we had some fun .
- It was good training and got everyone thinking about what true co-production really means.
- We were set a task as a group.
- When we attempted to do this alone it felt challenging.
- Then the group worked together and came up with ideas to help.
- It was much better working as a team.
- I really enjoyed the day.



- David's feedback.
- I was a little bit worried when Amy told us the rules for the meeting until she let us all know she was testing us to see how we felt, phew.
- After the break we played a game where the group had to get across a grid to help someone. (that someone was me)
- We soon realised that working together as a team, listening to each other to find different ways of doing things, helps you get to where you want to be.
- It was a really good day.
- Everybody got something out of it.

JKG Dance



- JKG dance did a show for parents and carers in August.



- Everyone had a great time.



- JKG Dance is therapy is on every Wednesday evening.



- 6-7.30pm

- At Boundary Street Hub.
Lincoln



JKG Dance



- The dance group had a spooky session getting into the Halloween spirit with their outfits and dance moves.



- They are doing a festive dance show on Wednesday 17th December starting at 6.45pm



- To find out more about JKG dance is therapy please click the link below.

<https://www.facebook.com/jkgd.dance.is.therapy.dance.classes>



Diversity
Join us!
CHRISTMAS FAIR

JOIN US FOR CRAFTS, FUN AND DELICIOUS TREATS!

NOVEMBER 26TH 10.30-12.30

2A CLARKE RD LN6 8SH

Busydays Daycare

Christmas Fair

Saturday 29th November
10am-12pm

Tombola • Stalls • Refreshments • Visit from Santa!
Busydays Daycare, Queens Park Community Hub,
South Park, Lincoln, LN5 8EW

For more information, or to host your own stall, please contact us on 07904 563794

WREATH Making

BOUNDARY STREET HUB
LN58PT

THURSDAY 4TH DECEMBER

5 - 7 PM
TO BOOK CALL SARAH ON 07833362404

£20 PER PERSON INCLUDES MINCE PIE AND A DRINK

Live Life to the full!

Saturday 29th November
12pm to 3pm

BOUNDARY STREET HUB'S Christmas Fayre

Raffle, Tombola, Handmade gifts, Cake stand, Wreath making, crafts and wood working, pottery, Macmillan stall plus more!

Refreshments available at BSH Cafe

Performance by JKGD at 1pm

Donations for the raffle/tombola welcome
BOUNDARY STREET, LINCOLN, LN58PF

Live Life to the full!

SPALDING CHRISTMAS CELEBRATION

Friday 28th November
4pm - 8pm

Spalding Town Centre

◆ Christmas Lights Switch On ◆

- Food Court • Seasonal Stalls
- Children's Rides • Festive Music
- Street Entertainment
- Fancy Dress Competition and much more!

SHDC_Communities | SHDC_CommDev | community@shdland.gov.uk

Photographs and video may be taken at these events for promotional purposes.

JOIN US FOR OUR
CHRISTMAS CELEBRATION

1ST DECEMBER 2025
10.30 AM TO 2PM

The Wong Day Service
11 The Wong Horncastle LN9 6EB
01507 527047

Homemade cakes
Raffle
Tombola
Hand crafted gifts

ALL WELCOME

Live Life to the full!

Christmas MENU

£15 PER HEAD

MAIN DISHES

Traditional Christmas Turkey with all the trimmings

Butternut, Kale and Apricot Vegan Roast with all the trimmings

DESSERTS

Chocolate Log

Winter Berry Cheesecake

9TH, 10TH, 11TH DECEMBER
16TH, 17TH, 18TH DECEMBER

Bookings now open! Please email TheQuad@lincolnshire.gov.uk or speak to a member of staff

£5.00 deposit will be required on booking

CountyCare
Lincolnshire
Shegness - Boston - Horncastle

Wreath Making
Workshop with Scenecraft Flowers

Learn how to make a beautiful fresh foliage Christmas door wreath

All materials, equipment and decorations included

Includes Festive Treats and Nibbles

Tuesday 2nd December 4pm - 6pm

Project Cafe Shegness

£10 Activity plus £15 for 2 hours support

DIVERSITY
ADULT SUPPORT SERVICES LTD

Focusing on ability not disability

OPENING HOURS
Monday-Friday 9-4

PROVIDING QUALITY-BASED DAY OPPORTUNITIES FOR ADULTS WITH LEARNING DISABILITIES IN LINCOLN AND SURROUNDING AREAS

2a Clarke Rd LN6 8SH

info@diversityadultsupport.co.uk
01522 244960

Rosemarie – Social Media and Me



Hi my name is Rosemarie

I have autism and dyslexia.

I like using social media.

I use Tik Tok a lot.

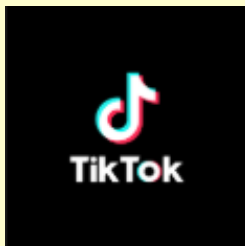


I like watching videos, they are easier than words for me.

I learn new things from Tik Tok.

I also make my own videos.

It helps me communicate about my life.



Tik Tok helps a lot of people with different disabilities share their stories.

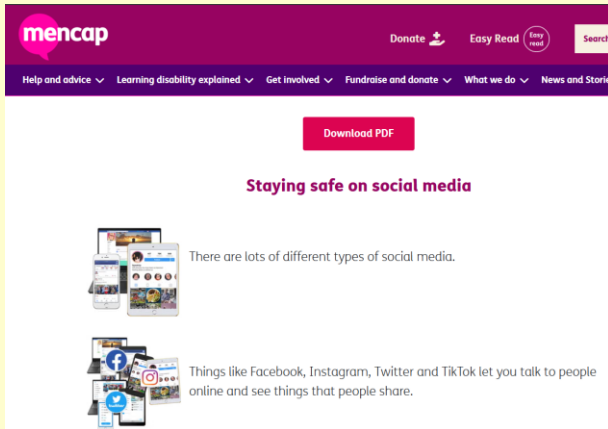
It helps people understand what it is like living with a disability.

It can help make new friends.

It can give you some creative ideas.

I like using Tik Tok to find things to help me with my autism.





Rosemarie uses social media in a positive way

In her personal life Rosemarie uses social media to help her to connect with others.

There can be great videos from other people with disabilities on social media

Sometimes social media can be a negative and a dangerous place if it is not used safely.

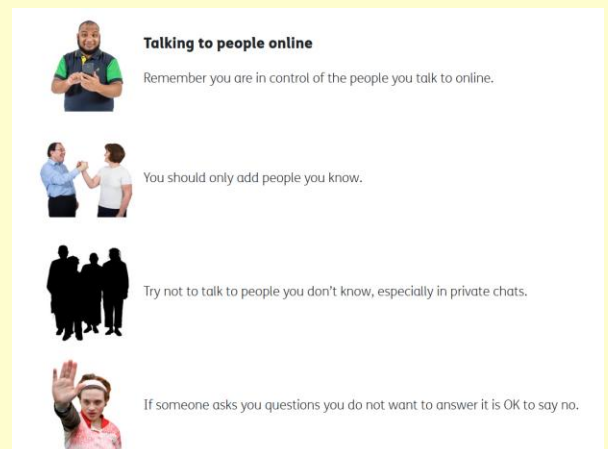
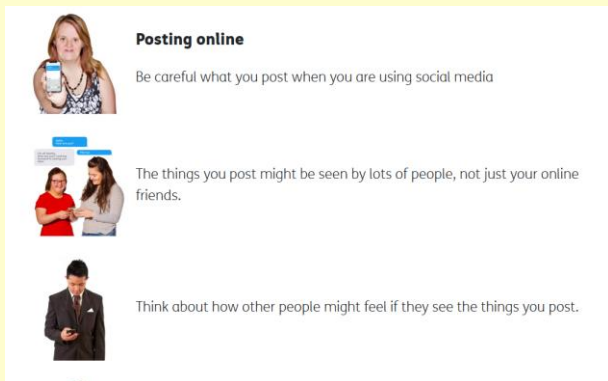
Please see some advice from Mencap at the link below, on how to stay safe online.

[Staying safe on social media \(Easy Read\) | Mencap | Easy Read](#)


An example of staying safe online is that our Lincolnshire Learning Disability Partnership Facebook group is private.

This means only people we know and who will follow the rules, are allowed in the group.


This creates a safe space.




Mencap, What is Easy Read.

What is an Easy Read? 


Easy read is a way of sharing information.




It uses easy words and short sentences to explain things.



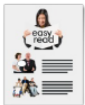
Easy Read uses pictures to help people understand the information.



And uses big text to make it easier to read.



You can make things that are hard to understand into easy read.




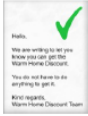



Things like:



Michelle

- Hi I am an ambassador for Mencap.
- We campaign to make information easier for people with a learning disability.
- I would like to share some good information on what easy read is.
- I think it would be good to have information on many things in an easy read way.

- Reports 
- Forms 
- Instructions 
- Letters 
- Agendas 

What is Easy Read



If you have to use a hard word, you should explain what it means.

For example, an agenda is a list of things to talk about at a meeting.



Using Easy Read is a good way to help people:

- Make choices



- Ask for help



- Be more independent



Check out Mencap website for more information.

[Who We Are | Mencap](#)

- Know their rights



- Understand questions they need to answer



- When you make easy read information, it is good to work with people with a Learning disability .



We have made an Easy Read library where you can search through all our Easy Reads.



[Visit the Easy Read library.](#)



This Easy Read was first published in July 2024.
Last updated:

Lincolnshire Learning Disability Partnership, Facebook.



[Lincolnshire Learning Disability Partnership \(hosted by VoiceAbility\) | Facebook](#)

Our Facebook group for Lincolnshire Learning Disability Partnership.

Please click the link above and share with anyone who may be interested in sharing information and linking up with different groups for people with a learning disability in Lincolnshire.

Click the link below to view the **Lincolnshire Learning Disability Partnership website**:

www.voiceability.org/speakoutlincs

- To get involved with Lincolnshire Learning Disability Partnership
- Find out information
- Share information
- Be added to our contact list

Please email Kerry:

kerry.Gibson@voiceability.org