

Help with decisions about your treatment, care or support

We'll make sure you're heard



Your rights



Doctors and social workers must ask what you want when they make decisions about:



- where you live in the long term



- what treatment you have at hospital



- what care you need



- the best way to keep you safe



If you find it hard to say what you want about your treatment, care or support, an advocate could help.



An advocate can help you to:

- understand your options
- tell staff what you want



Advocates are not part of the care team.

Advocates do not work for the council.

Contact us



To find out if we can help you, contact us.

Call us free on 0300 303 1660



Email helpline@voiceability.org



Visit our website voiceability.org/referral



You do not have to pay for an advocate.