

Have your say about your health and care while you're in prison

How an advocate can help



What is an advocate?



An advocate is someone who can support you to have your say.



We are not part of the prison staff team.



We are not part of the health or care team.



We are not part of the council.

How an advocate can help



An advocate can help you to:

- understand your options



- say what you want and don't want



- make your own choices



- know your rights



Advocates do not:

- offer legal advice



- make decisions for you
- tell you what to do

Can I get an advocate?



You might be able to get an advocate if:

- you want to make a complaint about your healthcare



- you get social services or healthcare services



- there are meetings to review your care



- there are meetings about the care and support you get and where you go when you are released

Contact us



To find out if we can help you, contact us.

Call us free on 0300 303 1660



Email helpline@voiceability.org



Visit our website voiceability.org/referral