

# **Help with decisions when you're in hospital**

**How an advocate can help**



# What does an advocate do?



An advocate can help you to:

- understand your options



- make choices



- tell medical staff what you want and don't want



- contact other organisations who can help you

# Can I get an advocate?

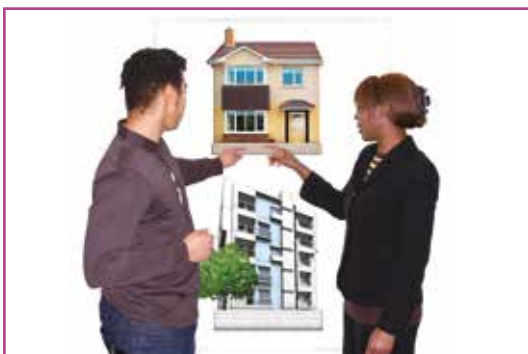


You might be able to get an advocate if there are decisions to make about:

- the treatment you have in hospital



- the care you will get when you leave hospital



- where you will live when you leave hospital



If there are other issues you need to sort out to be able to leave hospital, we might be able to help you with those too.



Advocates are not part of a care or medical team.



You don't have to pay for an advocate.



To find out if we can help you, contact us or ask hospital staff to contact us.



Phone: 0300 303 1660

Email: [helpline@voiceability.org](mailto:helpline@voiceability.org)

Website: [voiceability.org/referral](http://voiceability.org/referral)