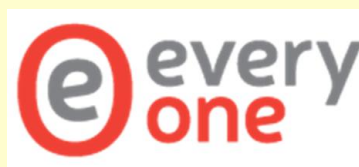


# Voices For All Wednesday 3<sup>rd</sup> December 2025 Bridge Central Lincoln



**VoiceAbility**



On the 3<sup>rd</sup> December, we were joined by 14 People from different day services and networks across Lincolnshire.

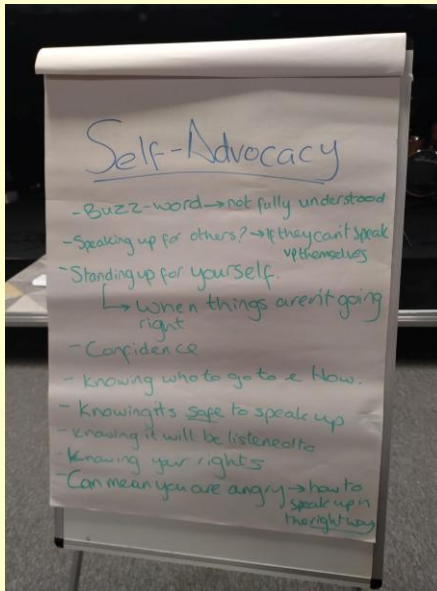


- David welcomed everyone to the meeting and went through the meeting rules
- Michelle started the introductions and we went around the room introducing ourselves
- Unfortunately, our Speak Out Facilitator Kerry, was unwell and unable to join this meeting
- We also had two of our Speak Out Leaders unable to attend.



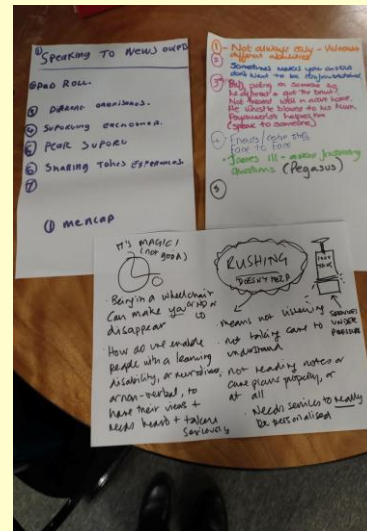
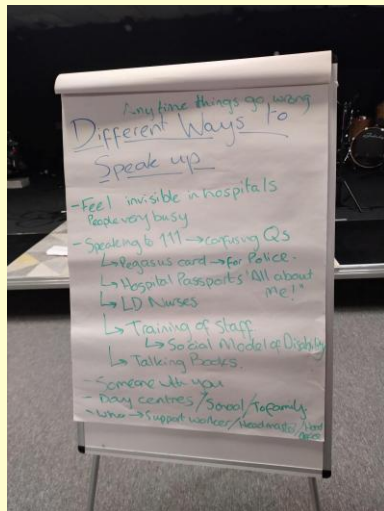
## Lincolnshire Young Voices Updates

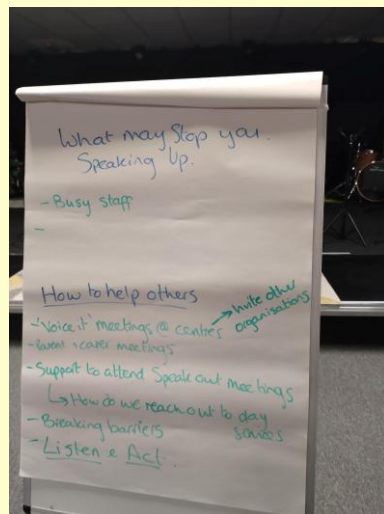
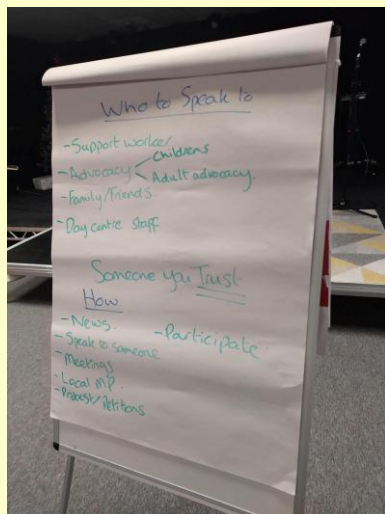
- We were joined by Alfie Allison, the chair of Lincolnshire Young Voices.
- Lincolnshire Young Voices is an award-winning multi-disability participation group of volunteers that helps improve the lives of children and young people with Special Educational Needs and/or Disability (SEND).
- That Alfie will sadly be stepping down as Chair, as he has a new role delivering Oliver McGowan training for a national organisation.



## Self-Advocacy

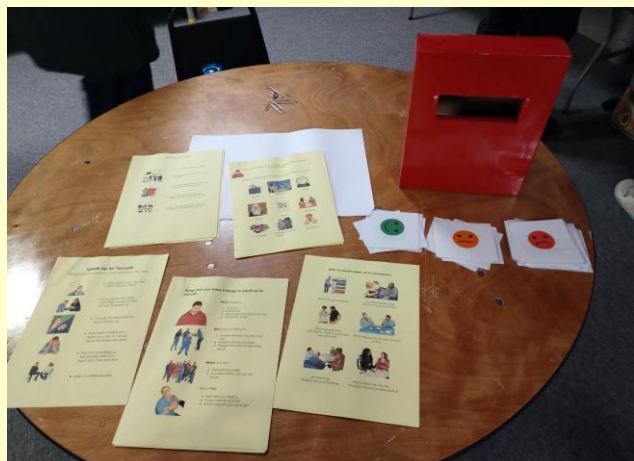
- This meeting focused on Self Advocacy
- We started by asking the group what they thought Self-Advocacy was
- We gave everyone a handout explaining self-advocacy and what speaking up for yourself means.
- We then went into small groups to talk about different ways to speak up for yourself
- Each group wrote their ideas, examples and thoughts on sheet of paper.
- We then had a break





## Self-Advocacy

- After the break we met as a big group and shared what we learnt in our small groups.
- We spoke about who you could speak to if you have an issue to raise
- We spoke about how you can speak up for yourself
- We spoke about what might stop you from speaking up for yourself
- We spoke about how we can help people speak up for themselves more.
- We had handouts that everyone could take away with them at the end about self-advocacy.





## Feedback

Your feedback really helps us to make events & meetings accessible, inclusive and productive.

If you attended, please can you tell us your feedback by [clicking here](#), or by using the QR code.

## Next Meeting

- The Next Meeting will be held on Wednesday 11th March 10:30-12
- At The Store House Skegness