Healthy Lifestyle working group meeting
Tuesday 7th March 2023

Who was there:

David Sheardown chairing. Joseph Butler, Anna Keeler, Claire Noble, Mandy Hodson, Michelle Ornstein, Peter Vine, Tina Auger, George Badiali, Kerry Poberezniuk, Debbie Dennis, Mykey Rockall, and Hazel Griffiths.

Apologies: Craig Ferris

David asked everybody to introduce themselves and then went through the minutes from the last meeting to make sure everybody was happy with them.

Learning Disability Friendly Practice scheme.

Anna Keeler informed the group that some applications to join the scheme were sent out towards the end of last year but due to the shortages, other commitments, and pressures in surgeries they are not currently engaging. Anna asked for help from the group to try different routes into the surgeries as she felt they get a lot of emails that are easily overlooked.

Claire Noble said she would link into primary care leads to encourage engagement and promotion of the scheme.
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Annual health checks

Debbie and Mykey updated the group on their progress.

They have sent letters to local surgeries giving feedback from parents and carers regarding annual health checks and asked to work together.

Anna agreed that a joint approach is a good thing.

Mandy said that through a recent visit to the surgery with Amy and speaking to their GP she is aware that the full team are offered awareness training.

Kerry P said she was interested in the GP Friendly practice scheme.

It would be good for everyone to work together.

Getting the reasonable adjustments right is important for everyone.

If the GP could identify on any referral that the person has a learning disability then reasonable adjustments can be planned for.
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It is important for the people who are referred for any cancer screening, to have it identified that they have learning disability or autism and reasonable adjustments need to be made.

These appointments are made within 2 weeks of the referral being put in.

If the acute centre were made aware of any reasonable adjustments that needed to be made ahead of the appointment this would make such a big difference.

Mandy spoke about a recent hospital visit for Amy and that she asked for a note to be put on Amy’s file stating that she had a learning disability and needed reasonable adjustments. She asked if this could be identified on the system.

Kerry P said that a flag for LD should go onto Amy’s records on the system. It will be recorded on her paper notes but not on the electronic system.

Debbie commented that a lot of information is missed due to it being on a paper copy and not shared on the electronic system.

This cause’s many issues when parent/carers ring the surgery on someone else’s behalf.
Without the red flag on the system the receptionists will not allow anyone to do anything for the individual who is unable to communicate.

This then delays treatment.

Kerry P informed the group that the hospital has paper notes. There is no clinical information on the system and this will not be happening for some time.

The ICB are currently looking at creating an electronic all about me hospital passport through the Vulnerability group.

This is not straight forward. Many things need to be considered such as; who updates the passports, what system do they use so that the care companies and everyone can also access it.

It is in its very early stages and the focus is on what the patient wants. Kerry P suggests that the wording needs to be looked at in the hospital passports. They could identify needs much better.

For example, rather than just saying, ‘I do not like too much noise.’ It could be added ‘do not put me near the nurse’s station’.
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Debbie and Mykey annual health check feedback

Debbie has now given a short presentation about the work Virginia house is doing on annual health checks to the learning disability partnership board and the recommendations they gave to the surgeries.

They have met with Claire Noble and plan on working together.

They are now supporting people to make calls and attend appointments, and annual health checks from Virginia house.

Things are moving slowly, but they are not such a battle.

Debbie says it is about the quality of health checks.

Surgeries are still making best interest decisions without parent/carers. There is still work to be done around this.

Claire commented that things need to be face to face now. People need to be seen to make a proper assessment.

Claire said she is looking forward to working together, gathering information and all working on the same things.
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**Speak Out Leaders**

Peter gave the group an update on the filming the speak out leaders had been doing with Kerry P and Sharon Kidd at Grantham hospital.

Michelle enjoyed pretending she had broken her arm and being filmed going through the process then having her arm put in plaster for the day.

Kerry P thanked the speak out leaders and said it has good. That we will be doing an MRI scan next time.

Kerry said the videos will be shared across LPFT and the hospital sites so everyone can access them once they are done.

Michelle asked if she could share them with Mencap for the Treat Me Well campaign.

Kerry P said that would be good and that she would like to arrange a launch day when the videos are ready and that she is looking forward to seeing the final films.
Mandy and Claire

Claire said they are looking at annual health checks and would like to set up a working group to work together across the board.

Claire commented that as well as LeDer she is the Senior Commissioning Manager or Learning Disability and Autism. She feels there would be many benefits from joint working.

Anna said she is interested in being part of the group and getting involved.

Kerry P said she was very interested in joint working. There are lots of good pieces of work out there that needs pulling together.

Mandy said it would be good to work together as she often hears of the same work going on in different groups.

LeDer

Tina spoke about the LeDer reviews she does and how important they are. Tina said she has learnt a lot from them, and they have helped her save people lives.
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Debbie commented that she has only just found out about the LeDer service.

Debbie feels that it is good that someone is listening, and things are being looked at. That we can learn from things and make improvements.

Treat Me Well

Michelle gave the group an update about the Mencap Treat Me Well campaign and how it is continuing and supporting reasonable adjustments, and promote hospital passports.

They are also doing a mental health awareness campaign.

Everybody congratulated David on his Chairing of the meeting.

Great teamwork everyone.

Next meeting

Tuesday 13th June 1pm- 2.30pm